

Keeping in Touch

AUTUMN EDITION 2023

ANZAC DAY



ANZAC DAY COMMEMORATIONS
TORONTO RSL SUB-BRANCH ~ Page 3
AUSTRALIAN DEFENCE FORCE SOLDIERS
TRAINING EVERYDAY UKRAINIANS COMBAT
OPERATIONS ~ Pages 18 & 19



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Keeping in Touch

From the Presidents Desk

Hello again everyone.

Once more I find myself in the Presidential role after our Annual general Meeting in May of this year.



The meeting saw very little change on the executive from the previous terms, however, we were able to recruit a Vice President to fill a vacant position we've had for several years. Thank you, Anthony Swinsburg, for joining us. Thanks also to the loyal group who have put their hands up again and who have already started work. As per our NSW RSL constitution we are in it for the next 3 years we will try and make it work.

Once again, the ugly war crimes saga has come to the head and gaining momentum. There are many reasons why the process this has followed, stinks to high heaven. The soldiers concerned have been crucified by the press who have been able to say what they like and broadcast video footage taken from the soldiers' video recorders worn as part of their outfits. Who authorised the release of the video to public viewing before the courts have had a chance to rule if it can be used as evidence. Now that the world has viewed it, can our courts guarantee the soldiers concerned will get a fair unbiased trial. All this without one word of objection from the higher ranks of our military. Their silence is deafening.

Our soldiers have had to fight an enemy who have no rules of engagement, an enemy who use whatever weapons they can get hold of or manufacture, wear no official uniform, use their own women and children as shields and have no moral code of ethics against those they are fighting. Add to this, many of our soldiers have had to do several tours because our army did not have enough

experienced soldiers with the correct training. Could our authorities not expect the soldiers to become hardened.

If we ever get a situation where our forces are expected to fight again there will be some doubt in their minds they will be held to account. This will cause indecision at a time when their lives are in danger, and they will suffer as a consequence. Unless the orders they receive are specific and recorded they also know their seniors will not stand up or back them. Now extra time will be taken to train new recruits and junior officers. Time that could be used on core training, will be wasted having to train them on the rules of engagement civilians expect.

At a time when our services are recruiting, this will have an effect. The younger generation coming through now are well informed and will certainly think twice before committing, that's if they consider bothering with it in the first term.

The Sub-Branch is well underway for the planning of ANZAC day and will have a Dawn service and Formal service as per previous years before Covid. This will include our breakfast at the diggers club after the Dawn service for those wishing to attend for a very small donation of \$2.00 a person and we will continue with the ice creams for the younger ones after the main service.

Your attendance on the day is always very much appreciated.

That is about all I have for this edition, I wish you all the best for the remainder of the year, keep healthy & stay safe.

The Price of Liberty is Eternal Vigilance

Bill Noble BEM

President



**THERE WILL BE A DAWN SERVICE COMMENCING AT
0600HRS (6AM) IN GOFFET PARK TORONTO ALL
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and coffee in Toronto Diggers Club ~*

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GOFFET PARK FOR THE MAIN
SERVICE ~ 11.00AM**

DATES TO REMEMBER

PLEASE NOTE NEXT MEETING:- Monday ~ 17/04/23 ~ 10am at Diggers Club due to Easter Monday falling on the 10/04/23

**Tuesday ~ 25/04/23 ANZAC Day Service's
See Page ~ 3**

**Monday ~ 08/05/23 ~ Monthly Meeting at
10.00am Diggers Club**

**Monday ~ 19/06/23 ~ Monthly Meeting at
10am Diggers Club**


HAVE YOU EVER CONSIDERED MAKING A BEQUEST OR INCLUDING THIS SUB BRANCH IN YOUR WILL

May we encourage you to think of us when making a bequest or when you are making your will. Your memorial gift will help us towards our goal; to look after the welfare needs of veterans, their widows and their dependents on a continuing basis at no cost to them.

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w/ mixed leaf, cherry heirloom tomatoes, flaked almonds, Baby spinach, red onion & a mango mayonnaise dressing

Beef Sausages

w/ mashed potato, sauteed peas & onion gravy

Chicken Schnitzel w/Chips & Salad

Toasted Turkish Melts

Peri Peri - bacon, baby spinach, cheese & peri aioli

Supreme - Pepperoni, capsicum, red onion, nap sauce & cheese

Vegetarian - baby spinach, mushroom, feta, red onion & cheese

Ham, cheese & tomato

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CHAPLAINS CORNER

Happy Easter & Abundant Blessings to you all!



April is a time for Easter and Anzac Day. What can the Easter story bring to Anzac Day?

The journey to Easter Sunday begins with the Lord's Passion and Death. Jesus paid the ultimate sacrifice for the sins of us all and then in his resurrection 3 days later – we have eternal life. Our Anzacs knew sacrifice, all our returned service personnel know sacrifice with the scars they carry. Jesus knows this pain intimately and can carry your burdens. Prayer is simple way to carry your burdens to Jesus. You can talk to him like a mate, but know he gets it, he hears you and through him you are loved and your loved ones are raised with him.

Anzac Day is a time to honour the memory of those courageous men and women who sacrificed their lives in service to their country. It is the day on which we remember Australians who served and died in all wars, conflicts, and peacekeeping operations. The spirit of Anzac, with its human qualities of courage, friendship, and sacrifice, continues to have meaning and relevance for our sense of national identity.

At this time we remember all our Australian men and women who served in War and peacekeeping operations.

I look forward to being present with you all on ANZAC Day.

Peace be with you all.

Reverend Melanie

Phone:-0488 413 186

Email:-parishpriest@torontoanglicans.org.au

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KEEPING IN TOUCH EDITORIAL STAFF

Ron Mitcherson ~ Bill Noble BEM

Trustees: Garry Coleman, Brian Staples J.P.,
Roger Priest

LAST POST

**The following members and comrades
have passed away since our last issue**

Lt. Col. Bruce EVANS ~ ARMY ~ 3rd December 2022
We were only recently informed of his passing
John Graham O'NEILL ~ R.A.N. ~ 15TH January 2023
Peter KEANE ~ARMY ~ 18 February 2023

Lest we forget





The Newcastle Beacon was formed about three years ago following the finding of a great need for first responders for veterans and their families, as well as other emergency department personnel across Newcastle and the Hunter, they are independent of government and employers and its formation is unique to the area.

Navigating support services alone can be overwhelming for anyone in crisis, but the Beacon believe they have the **Specialised Team** and Volunteers to assist them in their work. They have formed a network of organisations, professionals, specialised staff and highly trained volunteers to support them in this work, which include social workers, welfare officers and advocates. Their combination of professional skills and lived experience enables them to meet the needs of veterans and first responders with the right resources, knowledge, skills and compassion.

Their office is upstairs at TPI House,
76 Cowper Street, Wallsend ~ open 9.30am to 2.00pm
Monday to Friday

Drop in for a cuppa or a chat
[email:newcastlebeacon.org.au](mailto:newcastlebeacon.org.au)

CRABS

A Lawyer boarded a plane in Dublin with a box of frozen crabs and he asked the flight attendant to take care of them for him. She took the box and promised to put it in the crew's fridge.

He advised her that he was holding her personally responsible for them staying frozen, and mentioned in a very haughty manner that he was a lawyer, then proceeded to rant at her about what would happen if she let them thaw out.

Needless to say she was annoyed by his behaviour .

Shortly before landing in London, she used the intercom to announce to the entire cabin, "Would the lawyer who gave me the crabs in Dublin, please raise your hand!"

Not one hand went up.

Two Lessons Here:

1. Lawyers aren't as smart as they think they are.
2. Blondes aren't as dumb as most folk think.

ROYAL COMMISSION INTO DEFENCE AND VETERAN SUICIDES

The Commission began on the 8 July 2021 and still going.

The last Hearing Block No. 8 was at Wagga Wagga between the 28/11/22 and the 1/12/22. The next one Block 9 is to commence some 5 months later from the 9/5/23, any further submissions to the Commission official close on the 13 October 2023.

Then following this, I understand that a further Special Interim Report is to be submitted to Government with the Final Report submitted on the 17 June, 2024 and it doesn't finish there. As there are various departments it has to go through before they come up with there perceived result.

ED:- Although I have stated before on many an occasion, this review was long overdue and many conflicts behind. We are all still at a point where we can only watch on and hope that this brings about the relief and suffering that is and has been experienced by many ADF service personnel and/or veterans over the years.

I NOTICED an ARTICLE printed in the Sunday Telegraph on Sunday the 26 February 2023 - Page 82

In the section **OPINION OURS & YOURS**

Under the Heading.....**WHAT A DISGRACE**

Congratulations, Veterans Affairs, you have achieved what you set out to do, reducing the number of claims from veterans in need of help. After five and a half years of attempting to get decent support I have also given up. I am now too old and too tired to keep fighting. You recruit people to be in harm's way and then you discard them with no support or help. No wonder so many of these veterans are taking their lives after giving up trying to get help...Comments by... ROD .. Sent in ONLINE to the paper

PENSIONS REPORT

At present our Pension Officers and Advocates have been quite busy with 30 veterans submitting claims which in total relate to approximately 120 individual claims.

There are 3 matters that are currently under review by the Department.

So as you can see our Officers have not been idle dealing with the high demand. Considering at present we only have one Advocate, and two others who are trained in Pension Officers working full time.

For a full list of any new conditions being investigated go to the RMA website at www.rma.gov.au and look under "What's New".

A number of investigations have been finalised and SOPs determined and details of these will be published and mentioned in our Keeping in Touch as they come to hand.

. * * * * *

We welcome to the fold in our Pension Office, Rod Smallwood a new volunteer to the team undertaking and assisting with Pensions.

**Our Advocate and Pension Officers are on duty in these sub-Branch offices each Wednesday between the hours of 9.30am and 12 midday.
Other times by appointment only:-
Phone 4959 3699**

KOOKIES MORSELS

SWEET AND SOUR CHICKEN

500g chicken thigh fillets, cut into roughly 3cm cubes

1 tbsp light soy sauce

1 garlic clove, finely chopped Half cup plain flour

Half a tsp finely grounds white pepper

Vegetable oil for shallow frying, plus 1 tbsp

1 onion cut into wedges 1 tomato cut into wedges

225g can Golden Circle pineapple pieces in juice, keep juice to the side for sauce

3 green shallots, green and white part cut into 3 cm batons

SWEET AND SOUR SAUCE

Half cup of brown sugar 2 tbsp tomato ketchup

1 tbsp light soy sauce 3 tbsp white vinegar

Pineapple juice from can quarter tsp Chinese five spice

For the sauce, place brown sugar, tomato ketchup, soy sauce, vinegar, pineapple juice from can, five spice powder in a saucepan over medium heat. Simmer for a few minutes until sugar dissolves. In a small bowl combine cornflour with equal amount of water and mix. Add cornflour mixture to sauce and simmer for about 2 minutes to thicken. Remove from heat and set aside.

In a large bowl toss chicken with soy sauce and pepper until well combined.

Place flour in a large bag or bowl. Add chicken and toss until each piece is lightly covered with flour.

Pour about 3cm depth of oil into a large non-stick frying pan over high heat. When the oil is hot (a piece of chicken should start sizzling immediately when placed in the oil) cook chicken in batches for 2—3 minutes each side or until golden brown and cook through. Drain on paper towel.

Heat the remaining oil on a clean frypan or wok. Add the onion, capsicum stir fry until onion is just turning golden. Add the tomato and fry for another 30 seconds. Add the chicken, pineapple pieces and sweet sauce and stir fry until well combined.

Kookies Morsels Cont....

Toss through the spring onions and pineapple pieces until heated through. Then add the shallots, stir. Then remove from heat and serve over your choice of rice or as is.

Serves 4 plus

*Delish
Bon appetit*

HEARTY BEEF AND VEGETABLE CASSEROLE

2 large potatoes, cut into bite size chunks (approx. 1 cup)
2 to carrots, sliced (approx. 1 cup)
1 medium sweet potato, cut into bite size chunks (approx. 1 up)
¼ butternut pumpkin cut into bite size chunks (abt. 1 cup)
1 large onion, diced 200g green beans, chopped
1 cup frozen green peas
1 x 420 can chopped tomatoes
1 x 420g can condensed tomato soup
150g fruit chutney (Rosella) 1 tsp curry powder
1 tbsp Worcestershire sauce 1 tsp vegemite
1-1.5kg of chuck steak or similar beef diced
2 tsp flour + salt and pepper to season

1. Add all the ingredients to the slow cook and mix to combine.
2. Combine tomato, soup, chutney, curry, sauce and vegemite in a bowl, mix well and set aside.
3. Add diced beef to a plastic bag with seasoned flour and toss beef to coat in flour. Add beef to slow cooker on top of vegetables.
4. Pour over the tomato mixture and stir to combine.
5. Cook on high for 7 hours.
6. Serve with crusty bread or toasted garlic bread.

Note: This recipe fills a 6L slow cooker to the top, hence the long and high cooking time. Further it is also a recipe where you can vary the vegetable to what you have on hand, a great empty out the fridge crisper at the end of the week type of recipe.

Serves 4 plus.

Bon appetit



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AUSTRALIAN DEFENCE FORCE SOLDIERS TRAINING EVERYDAY UKRAINIANS IN COMBAT OPERATIONS

By [Sarah Spina-Matthews](#) and [Alicia Perera](#)

Posted Wed 22 Feb 2023 at 6:06pm Wednesday 22 Feb 2023 at 6:06pm, updated Wed 22 Feb 2023 at 6:18pm

Under the watchful eyes of trained soldiers from across Australia, former Ukrainian taxi drivers, solicitors and tradesmen are learning how to fight a war.

About 70 ADF personnel, mostly from the Northern Territory's Robertson Barracks, have been in the United Kingdom since January for Operation Kudu — the Australia arm of the UK-led Operation Interflex.

February 24 [marks one year since Russian troops crossed the Ukrainian border](#) and began what Russian President Vladimir Putin maintains is a "special military operation".

An Australian army platoon commander in the UK, who is not named for security reasons, said the training was teaching recruits how to

"manoeuvre", "defend" and "operate within" an urban battlefield. "The kinds of training we've been doing is movement from the rural to urban environment, movement within the urban environment, and breaching rooms, room entry, building clearance," the platoon commander said.



"One of the Ukrainian recruits said he had joined the defence effort as a military interpreter, helping instructors and recruits to understand each other. Now, he's also learning how to operate on a battlefield."

"We were working on clearing buildings, ensuring there's no enemies and treating casualties or taking prisoners or helping

civilians get out of [the building] — things you can face as you fight for cities," he said. The recruit said the training ground resembled the kind of environments where the war in Ukraine was taking place.

"[The training] will definitely help them in real fights because most of the fights, they occur in highly populated areas with lots of buildings and houses" he said. "It will help them have more experience prior to actually doing it in real life."

According to the ADF, Australian soldiers will continue to be deployed to the UK to train recruits throughout the year. Officials say Operation Interflex has already trained around 10,000 Ukrainians.

Sharing critical skills

The platoon commander said the Ukrainian recruits were responding well to the training, and were eager and quick to learn.



"They seem to be able to pick up everything very fast ... and they always ask questions that are very relevant, and very pointed to improve themselves ... and become better soldiers before they move back to Ukraine," they said.

Speaking from an urban training ground in the UK, a Darwin soldier from the 1st Health Battalion — who cannot be named for security reasons — said her team has been teaching Ukrainian recruits the basics of combat medicine. "We're preparing recruits for gunshot wounds and blast injuries particularly," she said. "For us it's about ... making them do their own self-aid which includes applying tourniquets and trying to get themselves into a safe spot, which is generally a room that has already been cleared."

"It's an incredibly important skill for any soldier to know as they're going back into a war zone, and it will increase their survivability."



Dan Repacholi MP

FEDERAL MEMBER FOR HUNTER



Standing up for Hunter

As ANZAC Day approaches, we are reminded yet again of the tremendous sacrifices that have been made by Australians so that we may live the privileged life in what we call the lucky country of today.

April 25 is one of the most important days on our national calendar and this year will be my first opportunity to attend the amazing and moving services right across the Hunter as the Member for Hunter. The Hunter does a great job at remembering those who have served. There are always thousands of people who wake up before dawn to attend one of the many dawn services throughout and across the Hunter, and the marches through the towns of the Hunter always draw large crowds, all there to remember and respect our past and present service men and women. Attending these events in my official capacity as Member for Hunter is a responsibility that I take very seriously. I am honoured to be representing an electorate with a proud history of defending our nation and electorate which continues to play an important role in the defence of our nation with the Singleton Army base being not too far away.

We must never forget that it is because of the sacrifices of those who have passed in battle, and those whose lives were never the same after returning home, as well as all who have fought to protect our country and our values and way of life, we have been able to live in a free, democratic country, in a world of relative peace since the end of the Second World War.

But the landscape is changing. Today, we see the world at its most unstable since the second world war, and for the first time since then, there is war in Europe following Russia's illegal invasion of Ukraine.

There are tensions closer to home as well. This is why we need to adapt our strategic positions as a nation, and make sure that we are prepared and well equipped for any challenges that might, or might not arise in the future.

The recent AUKUS agreement will play a pivotal role in this. Not only does it strengthen our alliances with our important partners in the US and UK, but it helps to ensure our defence capabilities are making the most of the newest and best technology available. And as an added bonus, this will create thousands of jobs for Australians here at home.

We need to remember the sacrifices and the hurt from past conflicts and use this as our motivation towards ensuring peace, and avoiding war. But we also need to protect the values and freedoms that were fought for and won in past conflicts.

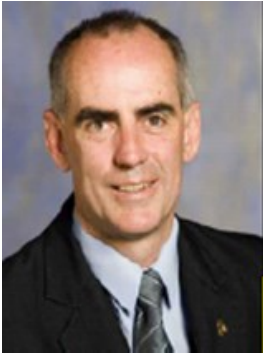
I look forward to attending events across the Hunter on Anzac Day, and I hope to see a few readers there. If you see me around, be sure to say hi!

It has been an amazing past 6 months and I look forward to the year ahead.

Kind regards



Dan Repacholi MP
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Email: Dan.Repacholi.MP@aph.gov.au



Greg Piper MP
Member for Lake Macquarie



THE LEGEND OF FLIGHT LIEUTENANT JACK LEGGO

With Anzac Day fast approaching, I'm just doing the final editing on my annual commemorative booklet.

While this year's booklet includes details of all the local Anzac Day services, it also notes some milestone events this year and re-tells some extraordinary stories of heroism during armed conflict overseas.

Among them is the story of Flight Lieutenant Jack Leggo who joined the Royal Australian Air Force from Speers Point.

Jack was among a handful of Australian airmen who flew with 617 Squadron in the famous Dambuster Raids on three German dams in 1943. This year marks the 80th anniversary of those raids, and the 40th anniversary of Jack's death.

Jack was the squadron's chief navigator and used his great skills to help plot the successful raids on two of the three dam walls. He was flying in one of the great aircraft of the times, the giant Avro Lancaster bomber.

There were 19 Lancasters used in the raids, but eight of them were lost during the engagement. The attacks, carried out on May 16-17 in 1943, used the specially developed 'bouncing bomb'.

The Mohne and Eder dams were both breached, causing catastrophic flooding in the Ruhr Valley and in villages along the Eder Valley. The Scorpe Dam only received minor damage.

Jack Leggo was the navigator in the bomber P for Peter (Popsie) which was the third plane in the first wave to make a run at the Mohne Dam wall.

On this occasion, the plane was hit many times by enemy fire and an engine caught alight, but they continued with success.

Jack was later awarded the Distinguished Flying Cross and bar for his efforts. He was knighted in 1982 but sadly passed away the following year.

I urge everyone to read his story in this year's commemorative booklet which should hit local letterboxes from April 17.

We should not only remember Jack on the 40th anniversary of his death but also the many thousands of others just like him who fought for the freedom we enjoy today.

Wherever you may be this Anzac Day, I encourage you to take the time to stop and remember all our service personnel, both past and present, for their sacrifice to Australia.

LEST WE FORGET

As always, I hope this newsletter finds you all in good spirits and good health.

If you require any assistance with State-related issues such as housing or health or any State department, don't hesitate to give me a call on 4959-3200.

Best regards,



☎ 4959 3200

📠 4950 4076

✉ lakemacquarie@parliament.nsw.gov.au

Office: 126A Cary Street TORONTO NSW 2283

🌐 www.gregpiper1.com



A VETERAN

**I was prepared to serve
I was prepared to get wounded
I was prepared to die
But I wasn't prepared
To be forgotten
When I returned home**

Author Unknown

OLD BIKIE

Pulling up at the traffic lights while on my way to work, I noticed an old chap on a motorcycle pull up along side of me and promptly fell over complete with bike. Being an upstanding citizen I jumped out of the car to see if he was OK. When I asked him what happened he said, "I dunno, it's been doing that ever since I took the sidecar off."

HUNTING FLYS

A women walked into the kitchen to find her husband stalking around with a fly squatter,

"What are you doing?" she asked,

"Hunting flies." he replied

"Oh, killed any," she asked

"Yep, 3 males, 2 females" he replied

Intrigued the wife asked, "How can you tell them apart?"

Her husband replied, "3 were on a beer can, 2 were on the phone."

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THE PASTOR

The pastor asked if anyone in the congregation would like to express praise for an answered prayer. Suzie (a blonde) stood and walked to the podium.

She said, "I have a praise. Two months ago, my husband, Phil, had a terrible bicycle wreck and his scrotum was completely crushed. The pain was excruciating and the doctors didn't know if they could help him."

You could here a muffled gasp from the men in the congregation as they imagined the pain that poor Phil hade experienced.

"Phil was unable to hold me or the children, " She went on, "and every move caused him terrible pain. We prayed as the doctors performed a delicate operation and it turned out that they were able to piece together the crushed remnants of Phils scrotum and wrap wire around it to hold it in place.

Again the men in congregation cringed and squirmed uncomfortably as they imaged the horrible surgery performed on Phil.

"Now." she announced in a quivering voice, "thank the Lord, Phil is out of hospital and the doctors say that with time, his scrotum should recover completely.

All the men sighed with relief. The pastor rose and tentatively asked if anyone else had something to say.

A Man stood up and walked slowly to the podium. He said, "I'm Phil." The entire congregation held its breath, he then said, "I just want to tell my wife that the word is sternum."



Nasho's News

Westlake Macquarie
National Servicemen's Association



Autumn has officially arrived but as I write this column it still feels well and truly like summer. My column this issue is a mixture of good and bad news.

Our year started with a lunch at Toronto Royal Motor Yacht Club which is a lovely venue. There was a good roll up filling two tables. People are turning up more on Tuesdays. Everyone seemed to be pleased to be over the Christmas period

John Renfrew passed away on the 12th January after a long illness, his service was held at Cessnock and the burial at Aberdare cemetery. Westlake Macquarie National Servicemen's group assisted the Family with the service. John was an ex-President of Westlake Macquarie and later Bulahdelah National servicemen's association.

Dave Herbert's wife Margaret passed away on the 13th January after a sudden illness.

The Combined National Servicemen's Club meeting was held at Gosford RSL it was good to see old faces and meet new faces again. At our February meeting we changed our meeting day from Thursday to the second Tuesday of the month and outings on the second Tuesday of the alternate month. This may help more members to be able to attend the meetings.

John Sterland's wife Jeniffer passed away on the 20th February after a long illness. Jeniffer was a "Fons" and did a lot of work in the early stages of our Westlake Macquarie sub-branch. Alf Sulman and myself went to Maitland for Newcastle's National Servicemen Day where I laid our wreath.

Our outing for March was at Teralba Bowling Club and again we had 20 turn up regardless of the very heavy rain. Our numbers are getting smaller, age and sickness has us all. We will carry on regardless.

Gordon Maxwell
President



217 ARMY CADET UNIT (ACU) KEEPING IN TOUCH REPORT FOR AUTUMN 2023



1. Hello Readers!
2. 217 ACU has once again been busy involved with Community and Defence based activities.
3. During the Summer holidays we had CDTSGT Powell, CDTLCPL's Judd, Newsom and Rowan attend the NSW AAC Brigade Promotion Courses held at Holsworthy Barracks. Congratulations to all who completed their respective promotion courses.
4. In early March, 25 ACU Erina hosted 217 and 236 ACU's in a joint recruit skills activity at Erina Army Reserve Depot. This was a great opportunity for new recruits to gain both barracks and field skills as well as make new friends within the organisation.
5. Morisset High School kindly hosts 217 ACU as our Parading location and we were invited to their Open Day on 22 MAR 23 where school and other community members were shown around and 217ACU held a stall to explain to the attendee's on what we do.
6. For Promotions - We promoted CDTSGT Luca Powell to CDTWO2 as the lead for 217 ACU. CDTLCPL's Vanessa Newsom and Tahlia Rowan were promoted to CDT CPL's. Congratulations to all.

Future activities include ANZAC services on 8 APR 23 and 25 APR 23. On ANZAC Day, you will find 217 ACU at Dora Creek Dawn Service, Teralba Service and Toronto March and Service. 21BN will be hosting a Officer Training weekend at Singleton where staff can discuss new policy, experiences and general ideas about the organisation. We also have a Weapons training day at RAAF Williamtown in June where we will also conduct an Urban Navigation around Newcastle that weekend.

Please keep safe and thank you for your continued support and patience.

Kind regards *Yvonne Fuller ~ CAPT (AAC)*
217 Army Cadet Unit (ACU) ~ Officer Commanding (OC)
Mobile: 0409 310 713
Unit email: 217acu@armycadets.gov.au

THE GARDEN

An elderly Italian man was living alone in New Jersey and wanted to plant his tomato garden, but it was very difficult work, since the ground was hard. His only son, Vincent, who used to help him, was in prison. The old man wrote a letter to his son and described his predicament.

Dear Vincent,

I am feeling sad, because it looks like I won't be able to plant my tomato garden this year. I'm just getting too old to be digging up a garden plot. I know if you were here my troubles would be over....I know you be happy to dig the plot for me, like the old days.

Love, Papa

A few days later he received a letter from his son.

Dear Pop

Don't dig up that garden, that's where the bodies are buried.

Love, Vinnie

At 4.00am the next morning, FBI Agents and local Police arrived and dug up the entire area without finding any bodies. They apologised to the old man and then left. That same day the old man received another letter from his son.

Dear Pop,

Go ahead and plant the tomatoes now. That's the best I could do under the circumstances

MOTHERS ADVICE

**It's like my mum
always told me following a situation**

**“You might not be the dumbest guy in
the world, but you better hope he
doesn't die.”**



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